

### La cabeza

**la barbilla** = chin  
**la boca** = mouth  
**la cabeza** = head  
**la cara** = face  
**las cejas** = eyebrows  
**los dientes** = teeth  
**la frente** = forehead  
**los labios** = lips  
**las mejillas** = cheeks  
**la nariz** = nose  
**los ojos** = eyes  
**las orejas** = outer ears  
**el pelo** = hair  
**las pestañas** = eyelashes

### El cuerpo

**los brazos** = arms  
**el cuello** = neck  
**los dedos** = fingers  
**los dedos de pie** = toes  
**la espalda** = back  
**el estómago** = stomach  
**los hombros** = shoulders  
**las manos** = hands  
**el pecho** = chest  
**las piernas** = legs  
**los pies** = feet  
**las rodillas** = knees  
**los tobillos** = ankles  
**la muñeca** = wrist

### ¿Cómo te sientes?

**Estoy enfermo(a).** = I'm sick.  
**¿Te duele algo?** = Does something hurt?  
**Te veo mal.** = You don't look well.  
**Tengo catarro/gripa.** = I have a cold.

### Para prepararte

**¿Qué te falta hacer?** = What do you still have to do?  
**¿Qué acabas de hacer para prepararte?** = What are you doing to get ready?

### La rutina diaria

**acostarse (ue)** = to put oneself to bed  
**afeitarse** = to shave oneself  
**bañarse** = to bathe oneself  
**cepillarse** = to brush oneself  
**despertarse (ie)** = to wake oneself up  
**lavarse** = to wash oneself  
**levantarse** = to get oneself up  
**llevar** = to wear  
**maquillarse** = to put on makeup  
**peinarse** = to comb oneself  
**ponerse** = to put on  
**quitarse** = to take off  
**secarse** = to dry oneself  
**vestirse (i)** = to get dressed

### Artículos de tocador

**el cepillo de dientes** = toothbrush  
**el cepillo (para el pelo)** = hairbrush  
**el jabón** = soap  
**el maquillaje** = make up  
**la navaja** = razor  
**la pasta de dientes** = toothpaste  
**el peine** = comb  
**la secadora de pelo** = hair dryer  
**la toalla** = towel